

30

IMPORTANT POINTS TO KNOW FOR CLINIC
AND YOUR ACUPUNCTURE BOARD EXAMS

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LU₅ VS. LU₁₀

CHIZE
CUBIT MARSH

YUJI
FISH BORDER

LU ₅	LU ₁₀
EXCESS	
Phelgm	Heat Only
Phlegm Heat	

LU7 VS. LU9	
LIEQUE BROKEN SEQUENCE	TAIYUAN GREAT ABYSS
LU 7	LU9
Exc/Def Inter /Exter	Def Only Inter Only
Wind Cold/ Water Passages Head and Neck	Tonify Lungs
Tonify Yin + KD6 (Ren)	Tonify Vessels

HEGU	LI4 UNION VALLEY
<ul style="list-style-type: none"> • Exterior or Interior Wind • Pain • Issues effecting the Face • Promotes Labor 	

QUCHI

LI11
POOL AT BEND

• Fire Engine



ZUSANLI

ST36
LEG THREE LI

Excess	Deficiency
Hot	Cold
Regulator	Tonifer
Middle Jiao	Qi and Blood

- + REN12 = Abdomen
- + REN2, PC6 = Epigastrium
- + SP3 = locate middle jiao
- + LI10 = Build Immunity
- + GB30 = Disperse Wind/Stroke
- + UB12 = Strengthen Wei Qi

ST40 VS ST44

<p>FENGLONG BEAUTIFUL BULGE</p>	<p>NEITING INNER COURT</p>
ST40	ST44
EXCESS	
Substantial / Non-Substantial Phlegm	Heat Food Stagnation Facial Issues Headaches

SP6

**SANYINJIAO
3 YIN INTERSECTION**

- Crossing Point for the 3 Leg Yin
- LV → Liver Qi Stagnation
- SP → Drains Damp
- KD → Nourish KD Yin
- Nourish WHOLE BODY Yin
- Calm Shen

SP9
YINLINGQUAN YIN MOUND
SPRING

- CLEAR DAMP
- Damp HEAT
- Damp COLD
- Water Regulation Problems

XUEHAI SP10
SEA OF BLOOD

Excess	Deficiency
Cools Blood	Holds Blood
Moves Blood	Gui Pi Tang
Skin Issues	

TONGLI

HT5
CONNECTING LI

• TONIFY: Heart Qi

• EXCESS:

Aphasia

Luo

SI Heat

HT → SI → UB

YINXI
YIN CLEFT

HT 5 VS HT6 VS. HT7
SHENMEN
SPIRIT GATE

HT 6

HT 7

Nourish Yin

Nourish Blood

Night Sweats

Calm Shen

Insomnia

SHAO FU HT8
LESSER MANSION

- Heart Heat



SHAOZE SI1
LESSER MARSH

- Empirical Point for Breast Issues

Excess	Deficiency
Hot	Cold
Breast Abscesses	Promote Lactation

- +ST18, Ren17, GB21

HOUXI

SI₃

BACK RAVINE

Master Point for the Du Channel



SI₃ + UB₆₂



Problems of the Back and Spine

IMPORTANT BACK SHU

UB13	Tonify LU: +UB43, DU12= Chronic
UB15	HT: Palpitations
UB17	Diaphragm: Hiccups Regulate Blood
UB18	LV: Excess and Deficiency
UB19	GB: GB Dampheat, Jaundice
UB20	SP: Chronic Diarrhea
UB21	ST: Tonify the stomach
UB23	KD: KD tonification, +DU3, UB40 = Low back pain
UB25	LI: Constipation
UB28	UB: UTI, urinary disturbance, Lin Syndrome

UB40 VS UB60 VS UB67
 WEIZHONG KUNLUN ZHIYIN
 BEND MIDDLE KUNLUN MOUNTAINS
 REACHING YIN

UB40	UB60	UB67
BACK and Head		
Lower	Upper	Vertex
Skin Issues	Taiyang Headache	Breech Babies
Blood Heat		Labor Induction

KD3
 TAI XI GREAT RAVINE

EVERYTHING KIDNEY



KD6 VS. KD7
ZHAOHAI **FULIU**
SHINING SEA **RECOVER FLOW**

KD6

KD6 + UB6: Inertia or
Somnolence
 KD6 + LU7: Kid not
grasping Qi, Nourish Throat
 KD6 + SJ6: Constipation
 KD6 + SP6: Whole body
yin
 KD6 + HT6: HT and KD
not Communicating

KD7

KD7 + LL4: Daytime sweating
 KD7 + HT6: Night sweats

KD6	KD7
Yin	Yang
+ Ren 4	+ DU 4
Night Sweats	Regulate Sweat
Liu Wei Di Huang Wan	Jin Gui Shen Qi Wan
Zou Gui Wan	You Gui Wan

PC6
NEIGUAN **INNER PASS**

- Upper and Middle Jiao Qi Regulator
- Opens the chest, epigastrium and hypochondrium (think qi stagnation)
- Settles the stomach for any time of rebellious qi: vomiting/nausea, hiccups, acid regurgitation
- Calms Shen

SJ5
WAIGUAN
OUTER PASS

- Great for Wind Heat: + LI4, LI11
- SJ Channel goes to the ear: Anything ear: infections, deafness, tinnitus

SJ6
ZHIGOU
BRANCH DITCH

- Many uses within combinations:

SJ6 +

KD6	Dry stools or constipation
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GB34	Hypochondrial pain and distention
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GB31	Itchy skin for Herpes Zoster
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FENGCHI GB20 WIND POOL

- Wind from:
Exterior: wind cold Interior: Liver Wind
- Clear heat: especially in the Shaoyang
- Clear Eyes: red eyes due to excess w/h, liver fire, yang rising

GB34 YANG MOUND
YANGLINGQUAN SPRING

- Influential point of the sinews
- Damp Heat
- Liver Qi Stagnation + LV3

LOCAL-DISTAL HEADACHE POINTS

Taiyang (occiput)	Yangming (frontal)	Shaoyang (Temporal)	Jueyin (Vertex)
UB10/GB20	ST8	Taiyang	Du 20
UB60	ST44	GB41	LV3/UB67

LV₂ XINGJIAN MOVING BETWEEN



+



Long Dan Xie Gan Tang

LV₃
TAICHONG GREAT SURGE

• Yuan Source

Excess	Deficiency
Liver Qi Stag	Liver Blood Deficiency

LV₈
QUQUAN SPRING IN BEND

Tonify all Liver Fluids

Blood

Yin

REN6 VS. REN12 VS. REN 17
QIHAI ZHONGWAN TANZHONG
SEA OF QI CENTRAL VENTER CHEST
CENTER

Upper Jiao → Regulate Qi

Middle Jiao → Regulate and Tonify Qi

Lower Jiao → Regulate Qi and Tonify Dan Tian

DU4
MINGMEN
LIFE GATE

- MingMen Fire
- Tonify Yang

DU14 VS. DU16
DAZHUI YAMEN
GREAT HAMMER WIND MANSION

- CLEAR HEAT

Taiyang Level

Shaoyang level

- Tonify

- Warm